



Julie Seabrook recorded her third career double-double leading the Buffaloes past Weber State. Photo Courtesy: CUBuffs.com



# Brooks: Buffs Conclude Home Stand In Unbeaten Style

Release: 12/17/2011 Courtesy: B.G. Brooks, Contributing Editor

**BOULDER** - Next stop: San Antonio for a pair of holiday tournament games. Then, after a Christmas break, it's on to Salt Lake City, Seattle and Pullman, Wash., to open the Pac-12 Conference. Home has been comfy and cozy for the University of Colorado women's basketball team, but it will be almost mid-January before the Buffaloes play again in the Coors Events Center.

The road beckons, and the Buffs will hit it hard.

But on Saturday afternoon, they finished off a six-game home stand with a 77-59 wrecking of Weber State, running their record to 9-0 for only the third time in program history. Momentum generated at home should serve the Buffs well, said coach Linda Lappe: "We always want to make sure we play solid at home. (Saturday) was our last time for about a month (the next home game is Jan. 12 vs. California) . . . we

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want to end out the non-conference portion of our season on a strong note."

The Buffs did as Lappe wished Saturday, playing what she called their most well-executed first half of the season and leading by 20 (44-24) at intermission. The Wildcats closed to within 12 in the last half's first 10 minutes, but CU refocused, rebuilt its lead to 22 (68-46) and cruised to its ninth consecutive victory. The 1992-93 Buffs opened that season with 15 consecutive wins.



CU senior Julie Seabrook recorded her third career double-

double (12 points, 10 rebounds) and received scoring assistance from three teammates in double figures. Chuck Jeffery led all scorers with 17 points, while Brittany and Ashley Wilson contributed 13 each. Ashley Wilson's total was a career high.

"It was exciting," Seabrook said of her performance. "I'm glad we got it in the paint - that was one of our goals."

The Wilson twins, both sophomores, were elated to have identical double-figure games. But Brittany was particularly proud for Ashley. "You've seen her battle adversity," Brittany said. "Just to see her finally come along and get over the injuries and play how we all know she can play, it really feels good."

"It was fun," added Ashley. "We were all sharing the ball a lot."

'Tis the season to share, and the Buffs did with 16 assists on their 34 field goals. They also forced 16 Wildcats turnovers, scoring 21 points off of those errors. They out-rebounded the visitors by 10 (48-38) and they demolished Weber State in the paint, 52-12.

To be fair, the Wildcats lost their second-leading scorer (10.3) and top rebounder (7.5) in the game's first 3 minutes. Mikell Woodfield, a 6-2 senior, left with an ankle injury and didn't return.

Weber State's afternoon delight was hitting 11-of-29 three-point attempts - the most treys the Buffs have allowed this season. Lappe credited Weber State, coached by former CU assistant Bethann Ord, for its marksmanship - but that nod of approval came with a caveat.

Defensively, Lappe's team entered the game concentrating on taking away one-on-one drives and overall lane penetration. Denied those avenues, the Wildcats stepped outside and began firing.

"We could have played with our hands higher," Lappe said, "but we knew they really hurt teams getting to the rim. But give Weber State credit . . . eleven of twenty nine, almost 40 percent - they were knocking it down. I've never seen them shoot that well, but they did."

Ord, whose team left Boulder at 2-10, said shooting that many treys "wasn't anything we really emphasized before. But my team is a pretty good shooting team and we have a lot of sharp shooters."

A CU assistant from 2005-07, Ord called CU "a very good team . . . they deserve a lot of credit."

The Wildcats scored their first nine points on three-pointers, and after their second trey owned a 6-2 lead marking the Buffs' largest deficit this season. It wasn't much and it didn't last.

CU tied the visitors twice (6-6, 9-9) before going ahead to stay on a Seabrook put-back that put the Buffs up 11-9 with 14:53 remaining before halftime.

That basket launched a 19-2 CU run, and before Weber State could score again the Buffs were in command, 25-11. They led by as many as 21 points (42-21) in the half's last 8 minutes and took a 20-point lead (44-24) to the locker room.

Jeffery continued her torrid shooting, hitting seven of her 10 first-half field goal attempts for 15 of her total. She also contributed four of CU's nine first-half assists.

The Buffs turned sloppy in the second half's first 31/2 minutes, committing four turnovers, losing their defensive intensity and their 20-point halftime lead.

A 7-0 Wildcats run brought them to within 13 (48-35) with 15:53 to play and a three-pointer by Shawnte Taylor cut the Buffs' advantage to a dozen (50-38) at the 12:41 mark.

Back-to-back baskets - one of them a trey - by Laura Palmere, a sophomore guard from Lakewood (Mullen), kept the Wildcats' deficit at 12 before the Buffs went on an 11-1 spurt and suddenly had their largest lead of the game (68-46) with 6:47 left.

The run's anatomy: Meagan Malcolm-Peck (eight points, five rebounds, four assists in 26 minutes) opened it with a conventional three-point play, Brittany Wilson followed with a shot from behind the arc, Seabrook scored inside and Ashley Wilson converted a traditional three-point play.

Weber State kept battling, closing the deficit to 14 twice in the final 3 minutes to play, but could come no closer.

"We knew they were a team that is not going to give up and would fight to the end," Seabrook said. "We kind of let them come (back) and then we're like 'we've got to get back to our defensively principles' - and that definitely helped us. When we focused back in we got back on the right track."

Losing focus won't benefit the Buffs in San Antonio, where they play Texas-Pan American on Tuesday and Creighton on Wednesday. Lappe is cautioning her team not to overlook the first opponent for the second, which she says will offer the Buffs their sternest test to date.

Creighton, said Lappe, "will probably be the best team we've played . . . a really a solid team. They move the ball well, they're well-coached, they know their system, they can shoot the three and their post players can drive."

Is that all? No.

Added Lappe: "They will switch screens if they need to switch screens and they play hard."

The back-to-back road games will offer a glimpse of Pac-12 life, which Lappe believes "will be good for us. It's similar to what we'll see in the conference... The time we are down in Texas (the Buffs leave Sunday, return Thursday) is going to be the same amount of time we are gone for our conference road trips... my assistants joke that we're going to have to really like each other in order to be on the road together for so long."

The way things are going now for the Buffs - 9-0 a week before Christmas and feeling festive about themselves what's not to like? It's so far, so good. Keep it going and it only gets better.

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## CU Buffs women's basketball team improves to 9-0

Seabrook stars in rout of Weber State

By Brian Howell, Buffzone.com Boulder Daily Camera

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During the past month, the Colorado women's basketball team has grown quite comfortable at home.

Now it's time to hit the road, but not before the Buffs finished off a six-game home stand with a 77-59 rout of Weber State at Coors Events Center on Saturday.

"We wanted to make sure we played solid at home (on Saturday)," head coach Linda Lappe said. "We wanted to have a lot of fun and we always want to make sure we protect our home floor. We've played well at home about every game, so it was important for us to come out and make a stand and really end the non-conference portion of our season at home well."

CU improved to 9-0 on the season, its best start since beginning 15-0 in 1992-93. The Buffs are also 7-0 at home. With Saturday's win, the Buffs completed their first 6-0 home stand since early in the 1982-83 season. Just like this time, that 6-0 home stand 19 years ago concluded with a win against

Weber State.

"We really look to defend our home court," senior Julie Seabrook said. "This is our gym and we don't want anyone to come in here and think they can beat us."

Seabrook posted the third double-double of her career, notching 12 points and 10 rebounds. Chucky Jeffery led the team with 17 points, while sisters Ashley and Brittany Wilson added 13 apiece for CU.

"The team was really balanced and whoever is open, that's who we're hitting," said Brittany Wilson, who had her best scoring night since the season opener on Nov. 11.

Despite slow starts to begin each half, the Buffs rolled past the Wildcats (2-10), who are coached by former CU assistant Bethann Ord.

Weber State got out to a 6-2 lead -- the largest deficit for CU all season -- but the Buffs responded with a 19-2 run to pull away. They led by 20 at halftime.

"Our first half probably was our best half in terms of execution offensively," Lappe said.

A pair of Seabrook buckets early in the second half stretched the lead to 22 points, but Weber State cut the deficit to 12 a couple of times in the half.

The Wildcats kept the game somewhat within reach by draining 11 3-pointers.

"That wasn't anything we really emphasized before, but my team is a pretty good shooting team and we have a lot of sharp shooters," Ord said.

Weber State has hurt teams at times this season with its post players aggressively driving the lane. It didn't help the

Wildcats that 6-foot-2 center Mikell Woodfield was injured 3 minutes in and didn't return.

"When you lose your best player in the first 5 minutes of the game, other players have to step up and that's exactly what our team did," Ord said.

Woodfield's absence and CU's aggressiveness turned out to be a good combination for CU. The Buffs outscored the Wildcats 52-12 in the paint.

"I'm just glad that we got it in the paint," Seabrook said. "That was one of our goals for today."

The other goal, of course, was to continue the success at home. Now the Buffs will head out for a two-game tournament in San Antonio on Tuesday and Wednesday.

"I felt like this win was good," Brittany Wilson said. "I feel like to get these games (at home) underneath our feet and give us our confidence, we really needed it."

Colorado 77, Weber State 59

**WEBER STATE (59)** 

MIN FG 3PT FT Rb PF TP

Hughes 21 2-6 1-1 0-0 5 3 5

Woodfield 3 0-1 0-0 0-0 2 0 0

Johnson 30 3-9 0-4 0-1 5 2 6

Mohre 36 5-12 3-9 0-2 2 0 13

Patterson 32 6-13 3-7 0-0 7 0 15

Palmere 18 2-4 1-1 1-2 5 1 6

Rhodes 7 0-3 0-1 0-0 0 1 0

Taylor 31 3-14 2-4 1-3 4 3 9

Pfau 20 2-4 1-2 0-0 1 2 5

Lough 2 0-0 0-0 0-0 0 1 0

Team 7

Totals 200 23-66 11-29 2-8 38 13 59

Assists (13): Johnson 6, Mohre 2, Taylor 2, Patterson, Palmere, Rhodes.

Steals (5): Johnson 2, Mohre, Patterson, Pfau.

Turnovers (16): Taylor 5, Palmere 3, Mohre 2, Patterson 2, Hughes, Johnson, Rhodes, Pfau.

Blocked shots (0): None.

COLORADO (77)

#### MIN FG 3PT FT Rb PF TP

MM-Peck 26 3-7 1-2 1-3 5 1 8

Seabrook 32 5-7 0-0 2-5 10 2 12

Hargis 19 2-5 0-0 0-0 2 0 4

Kresl 26 3-8 2-6 0-0 2 2 8

Jeffery 31 8-18 0-1 1-1 7 0 17

B. Wilson 28 6-10 1-2 0-0 7 2 13

A. Wilson 21 6-10 0-0 1-2 4 3 13

Sborov 4 0-2 0-0 0-0 3 1 0

Reese 13 1-2 0-0 0-0 6 0 2

Team 2

#### Totals 200 34-69 4-11 5-11 48 11 77

Assists (16): Jeffery 6, MMalcolm-Peck 4, B. Wilson 4, Seabrook, Kresl.

Steals (10): Jeffery 4, Hargis 2, Reese 2, Kresl, B. Wilson.

Turnovers (12): Jeffery 4, B. Wilson 3, MMalcolm-Peck 2, Seabrook, A. Wilson, Reese.

Blocked shots (5): Jeffery 3, Hargis 2.

Halftime score: Colorado 44, Weber State 24.

Technical fouls -- none.

Attendance -- 2,020.

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CU women's basketball notes

### Wilson twins shine for Colorado

**By Brian Howell** Buffzone.com Boulder Daily Camera

Posted: 12/17/2011 08:51:41 PM MST



Click on any photo to see full callery

Saturday felt like old times for Ashley and Brittany Wilson.

Twins on the Colorado women's basketball team, Ashley and Brittany both notched 13 points in a 77-59 win over Weber State at Coors Events Center.

It was a career-high point total for Ashley, and the first time both had hit double figures in the same game since their days at Long Beach Poly High School.

The night was especially big for Ashley, who has battled injuries during her time at CU. She had nine points in the second half alone, feeling an offensive rhythm she hadn't felt in a while.

"Since high school probably, back before I got hurt," she said.

For Brittany, it was nice to see her and Ashley perform at a high level in the same game.

"It really does feel good, because you've seen her battle adversity," Brittany said. "Just to see her out there doing really well, it brings back an old feeling. We've always played together. Just to see her finally coming along, finally getting over the injuries and finally just able to step up and play how the both of us know that she can play, and how coach (Linda) Lappe knows she plays, it's a really good feeling inside for me to see her perform as well as she did today."

It was a nice sight for Lappe, too.

"They both play extremely hard and they both give us a spark coming off the bench," she said.

## **Doubling up**

Senior Julie Seabrook notched her third career double-double and her first since Nov. 19, 2010, against Santa Clara. The performance continued a solid stretch for Seabrook, who has averaged 11.5 points and 8.0 rebounds in the past four games.

"Julie has a good pace right now, and she's understanding where she can get the ball and where she wants the ball in order to score offensively, and her teammates are doing a great job of finding her," Lappe said.

# Homecoming

Weber State freshman Carlee Lough, who is from Fairview High School, got into the game for two minutes in the first half. It was just the second time she's been in a game this season for the Wildcats.

In addition to Lough, the Wildcats' Laura Palmere (Mullen High School) and Amanda Hughes (Gateway) returned to their home state Saturday.

### Homecoming, Part II

Weber State head coach Bethann Ord was an assistant at CU, under Kathy McConnell-Miller, from 2005-07.

"It was great being back and coaching in the Coors Events Center," she said. "Colorado has done a great job with their new facilities and it is nice that they are stepping up their efforts to invent in the program, which they have clearly done a great job of doing."

### **Notable**

The Buffs are 11-7 all-time against Weber State, including 9-2 in Boulder. ... CU has won by at least 18 points six times already this season. ... CU remains one of just 12 unbeaten teams (out of 342) in Division I women's basketball. ... The Buffs' current nine-game win streak is tied for the eighth longest in program history. ... CU has outrebounded eight straight opponents and held a 48-38 edge Saturday. ... Freshman Lexy Kresl hit two 3-pointers and has hit at least one in every game.

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Monday, December 19,2011

# **Balanced Colorado handles Weber State**

By Matt Sparkman

Chucky Jeffery's 17 points led a balanced Colorado scoring attack to a victory over visiting Weber State by a score of 77-59.

The Buffs, coming off a nine-day finals break, were understandably rusty to start off, finding themselves down by four with just over two minutes gone by in the first half.

Fortunately, CU, after being tied with the Wildcats at nine points apiece, went on a 19-2 run, to put the game out of reach by halftime, with the Buffs leading, 44-24.

"The first half was probably our best half all season in terms of execution," Coach Linda Lappe said after the game. "Offensively, we were moving the ball and getting it to where we wanted it to be. Chucky did a great job of running our offense and setting the tone."

Weber State outscored the Buffs by two in the second half, but Colorado remained in control for the duration of the game.

Jeffery wasn't the only Buff to finish in double figures. Senior Julie Seabrook contributed 12 points to go along with 10 rebounds, and twins Brittany and Ashley Wilson had identical 13-point efforts, shooting a combined 60 percent from the floor.

"Both Ashley and Brittany gave us a big spark coming off the bench," said Lappe. "Regardless of how many points they scored, they both know that they have to defend and bring that energy to the defensive end. They did that well tonight, which allowed us to get as many transition baskets as we did."

Fast break points were a huge area of success for the Buffs on Saturday afternoon, as CU outscored the Wildcats 16-2 in the category. Forwards Seabrook and Rachel Hargis ran the floor well in transition, leading to easy baskets.

Colorado, now 9-0, takes to Texas, where the Buffs will compete in the Texas-San Antonio Holiday Classic, facing Texas Pan-American and Creighton to round out the non-conference slate.

Should CU return victorious in both games, they will enter the conference season at 11-0 for only the third time in the program's history.

